

PRESCRIPTION FOR CAR SAFETY

CHILD'S NAME _____

DATE ___/___/___ AGE ___ HEIGHT ___ WEIGHT ___

- Less than 1 year or less than 20 pounds** - Rear Facing only in an infant or convertible seat **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 1 Year AND Greater than 20 Pounds** - Rear Facing as long as possible in a convertible seat rated to at least 30 pounds rear facing is best - May be turned to forward facing when the rear facing limits of the seat are reached - **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 30 pounds and under 40 pounds** - May use seats with a harness or belt positioning boosters - Child must be mature enough to use belt positioning booster - Shield booster may be used until 40 pounds but are NOT the best option - May continue using a convertible seat - Harnessed seats are the best option
- Over 40 pounds** - Lap and shoulder belt combination using a belt positioning booster - Shields should **NOT** be used - Separate shoulder belt add-ons should **NOT** be used
- Over 65 to 80 pounds AND at least 4 to 5 feet tall** - May graduate to an adult seatbelt if the belt rests over the lap and not on the stomach and the shoulder belt is centered on the chest - Usually 8 to 9 years of age - Separate shoulder belt add-ons should **NOT** be used
- Under 13 years of age** - Back seat is 25% safer - Front seat may be used if necessary but the child should be moved as far back as possible from the dash - Backpacks are not worn

PRESCRIPTION FOR CAR SAFETY

CHILD'S NAME _____

DATE ___/___/___ AGE ___ HEIGHT ___ WEIGHT ___

- Less than 1 year or less than 20 pounds** - Rear Facing only in an infant or convertible seat **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 1 Year AND Greater than 20 Pounds** - Rear Facing as long as possible in a convertible seat rated to at least 30 pounds rear facing is best - May be turned to forward facing when the rear facing limits of the seat are reached - **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 30 pounds and under 40 pounds** - May use seats with a harness or belt positioning boosters - Child must be mature enough to use belt positioning booster - Shield booster may be used until 40 pounds but are NOT the best option - May continue using a convertible seat - Harnessed seats are the best option
- Over 40 pounds** - Lap and shoulder belt combination using a belt positioning booster - Shields should **NOT** be used - Separate shoulder belt add-ons should **NOT** be used
- Over 65 to 80 pounds AND at least 4 to 5 feet tall** - May graduate to an adult seatbelt if the belt rests over the lap and not on the stomach and the shoulder belt is centered on the chest - Usually 8 to 9 years of age - Separate shoulder belt add-ons should **NOT** be used
- Under 13 years of age** - Back seat is 25% safer - Front seat may be used if necessary but the child should be moved as far back as possible from the dash - Backpacks are not worn

PRESCRIPTION FOR CAR SAFETY

CHILD'S NAME _____

DATE ___/___/___ AGE ___ HEIGHT ___ WEIGHT ___

- Less than 1 year or less than 20 pounds** - Rear Facing only in an infant or convertible seat **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 1 Year AND Greater than 20 Pounds** - Rear Facing as long as possible in a convertible seat rated to at least 30 pounds rear facing is best - May be turned to forward facing when the rear facing limits of the seat are reached - **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 30 pounds and under 40 pounds** - May use seats with a harness or belt positioning boosters - Child must be mature enough to use belt positioning booster - Shield booster may be used until 40 pounds but are NOT the best option - May continue using a convertible seat - Harnessed seats are the best option
- Over 40 pounds** - Lap and shoulder belt combination using a belt positioning booster - Shields should **NOT** be used - Separate shoulder belt add-ons should **NOT** be used
- Over 65 to 80 pounds AND at least 4 to 5 feet tall** - May graduate to an adult seatbelt if the belt rests over the lap and not on the stomach and the shoulder belt is centered on the chest - Usually 8 to 9 years of age - Separate shoulder belt add-ons should **NOT** be used
- Under 13 years of age** - Back seat is 25% safer - Front seat may be used if necessary but the child should be moved as far back as possible from the dash - Backpacks are not worn

PRESCRIPTION FOR CAR SAFETY

CHILD'S NAME _____

DATE ___/___/___ AGE ___ HEIGHT ___ WEIGHT ___

- Less than 1 year or less than 20 pounds** - Rear Facing only in an infant or convertible seat **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 1 Year AND Greater than 20 Pounds** - Rear Facing as long as possible in a convertible seat rated to at least 30 pounds rear facing is best - May be turned to forward facing when the rear facing limits of the seat are reached - **NEVER PLACE A REAR FACING INFANT IN FRONT OF AN AIRBAG**
- Over 30 pounds and under 40 pounds** - May use seats with a harness or belt positioning boosters - Child must be mature enough to use belt positioning booster - Shield booster may be used until 40 pounds but are NOT the best option - May continue using a convertible seat - Harnessed seats are the best option
- Over 40 pounds** - Lap and shoulder belt combination using a belt positioning booster - Shields should **NOT** be used - Separate shoulder belt add-ons should **NOT** be used
- Over 65 to 80 pounds AND at least 4 to 5 feet tall** - May graduate to an adult seatbelt if the belt rests over the lap and not on the stomach and the shoulder belt is centered on the chest - Usually 8 to 9 years of age - Separate shoulder belt add-ons should **NOT** be used
- Under 13 years of age** - Back seat is 25% safer - Front seat may be used if necessary but the child should be moved as far back as possible from the dash - Backpacks are not worn

Child Safety Seats

Child safety seats should be used from birth until the child fits adult seat belts. This occurs at about 8 to 9 years of age and 4'9" in height. Children should ride in the back seat until age 13. Children are not cargo and should not ride in the cargo areas of pick up trucks or other vehicles.

Infant Seat - Rear facing only. Most include handles for carrying the child outside of the vehicle. Most are rated to 20 - 22 pounds, some are rated to 35 pounds. Additional bases are usually available to make installation in multiple vehicles convenient.

Convertible Seat - Rear facing or forward facing. Usually rated to a lower weight for rear facing such as 20, 30 or 35 pounds and rated to 40 to 65 pounds for forward facing. May be tethered in the forward facing position. Some may also be tethered rear facing. Infants should remain rear facing to the limits of the seat, sometimes this will be more than 2 years of age.

Toddler Seat - A forward facing seat for children over 20 pounds and at least 1 year of age. These may come in a variety of configurations to fit a variety of ages and sizes. The seat has a harness that usually is limited to 40 pounds, but some are rated to 60 or 65 pounds.

Shield Booster - A toddler booster with an abdominal shield usually rated for 30 to 40 pounds. The shield should not be used for children over 40 pounds. Many have removable shields to convert the seat into a belt positioning booster. The shield is NOT the best option if harnessed seats fit the vehicle.

Belt Positioning Booster - May have either a high back or low back. High back boosters should be used when the vehicle seat has a low back and the child's head rests above the seat. These seats are designed to position children into adult seat belts. Children should remain in a booster seat until approximately 4'9" in height and fit appropriately in an adult seat belt.

© 1999, 2005 Virginia: Hampton Roads Chapter of the National Association of Pediatric Nurse Practitioners, Norfolk, Virginia. All Rights Reserved. Provided as a service for the parents of Virginia.

Child Safety Seats

Child safety seats should be used from birth until the child fits adult seat belts. This occurs at about 8 to 9 years of age and 4'9" in height. Children should ride in the back seat until age 13. Children are not cargo and should not ride in the cargo areas of pick up trucks or other vehicles.

Infant Seat - Rear facing only. Most include handles for carrying the child outside of the vehicle. Most are rated to 20 - 22 pounds, some are rated to 35 pounds. Additional bases are usually available to make installation in multiple vehicles convenient.

Convertible Seat - Rear facing or forward facing. Usually rated to a lower weight for rear facing such as 20, 30 or 35 pounds and rated to 40 to 65 pounds for forward facing. May be tethered in the forward facing position. Some may also be tethered rear facing. Infants should remain rear facing to the limits of the seat, sometimes this will be more than 2 years of age.

Toddler Seat - A forward facing seat for children over 20 pounds and at least 1 year of age. These may come in a variety of configurations to fit a variety of ages and sizes. The seat has a harness that usually is limited to 40 pounds, but some are rated to 60 or 65 pounds.

Shield Booster - A toddler booster with an abdominal shield usually rated for 30 to 40 pounds. The shield should not be used for children over 40 pounds. Many have removable shields to convert the seat into a belt positioning booster. The shield is NOT the best option if harnessed seats fit the vehicle.

Belt Positioning Booster - May have either a high back or low back. High back boosters should be used when the vehicle seat has a low back and the child's head rests above the seat. These seats are designed to position children into adult seat belts. Children should remain in a booster seat until approximately 4'9" in height and fit appropriately in an adult seat belt.

© 1999, 2005 Virginia: Hampton Roads Chapter of the National Association of Pediatric Nurse Practitioners, Norfolk, Virginia. All Rights Reserved. Provided as a service for the parents of Virginia.

Child Safety Seats

Child safety seats should be used from birth until the child fits adult seat belts. This occurs at about 8 to 9 years of age and 4'9" in height. Children should ride in the back seat until age 13. Children are not cargo and should not ride in the cargo areas of pick up trucks or other vehicles.

Infant Seat - Rear facing only. Most include handles for carrying the child outside of the vehicle. Most are rated to 20 - 22 pounds, some are rated to 35 pounds. Additional bases are usually available to make installation in multiple vehicles convenient.

Convertible Seat - Rear facing or forward facing. Usually rated to a lower weight for rear facing such as 20, 30 or 35 pounds and rated to 40 to 65 pounds for forward facing. May be tethered in the forward facing position. Some may also be tethered rear facing. Infants should remain rear facing to the limits of the seat, sometimes this will be more than 2 years of age.

Toddler Seat - A forward facing seat for children over 20 pounds and at least 1 year of age. These may come in a variety of configurations to fit a variety of ages and sizes. The seat has a harness that usually is limited to 40 pounds, but some are rated to 60 or 65 pounds.

Shield Booster - A toddler booster with an abdominal shield usually rated for 30 to 40 pounds. The shield should not be used for children over 40 pounds. Many have removable shields to convert the seat into a belt positioning booster. The shield is NOT the best option if harnessed seats fit the vehicle.

Belt Positioning Booster - May have either a high back or low back. High back boosters should be used when the vehicle seat has a low back and the child's head rests above the seat. These seats are designed to position children into adult seat belts. Children should remain in a booster seat until approximately 4'9" in height and fit appropriately in an adult seat belt.

© 1999, 2005 Virginia: Hampton Roads Chapter of the National Association of Pediatric Nurse Practitioners, Norfolk, Virginia. All Rights Reserved. Provided as a service for the parents of Virginia.

Child Safety Seats

Child safety seats should be used from birth until the child fits adult seat belts. This occurs at about 8 to 9 years of age and 4'9" in height. Children should ride in the back seat until age 13. Children are not cargo and should not ride in the cargo areas of pick up trucks or other vehicles.

Infant Seat - Rear facing only. Most include handles for carrying the child outside of the vehicle. Most are rated to 20 - 22 pounds, some are rated to 35 pounds. Additional bases are usually available to make installation in multiple vehicles convenient.

Convertible Seat - Rear facing or forward facing. Usually rated to a lower weight for rear facing such as 20, 30 or 35 pounds and rated to 40 to 65 pounds for forward facing. May be tethered in the forward facing position. Some may also be tethered rear facing. Infants should remain rear facing to the limits of the seat, sometimes this will be more than 2 years of age.

Toddler Seat - A forward facing seat for children over 20 pounds and at least 1 year of age. These may come in a variety of configurations to fit a variety of ages and sizes. The seat has a harness that usually is limited to 40 pounds, but some are rated to 60 or 65 pounds.

Shield Booster - A toddler booster with an abdominal shield usually rated for 30 to 40 pounds. The shield should not be used for children over 40 pounds. Many have removable shields to convert the seat into a belt positioning booster. The shield is NOT the best option if harnessed seats fit the vehicle.

Belt Positioning Booster - May have either a high back or low back. High back boosters should be used when the vehicle seat has a low back and the child's head rests above the seat. These seats are designed to position children into adult seat belts. Children should remain in a booster seat until approximately 4'9" in height and fit appropriately in an adult seat belt.

© 1999, 2005 Virginia: Hampton Roads Chapter of the National Association of Pediatric Nurse Practitioners, Norfolk, Virginia. All Rights Reserved. Provided as a service for the parents of Virginia.